

## Lady Bulldogs Improve at Triplains Invitational By Sidney Taylor

The Golden Plains Girls Track team improved their times and distances at the Triplains Invitational track meet on April 11. The Lady Bulldogs placed third with 84 points.

To start the meet, Breanna Rath took first in triple jump with a distance of 36-10.75, making a personal record and breaking the previous school record. Rath also placed 4th in the 300 hurdles with a time of 54.33.

Both the 4x800 and 4x400 were run by sophomore Anette Hernandez, junior Emma Weiner, and seniors Rath and Sidney Taylor. The 4x800 ran 11:10.97 placing first. The 4x400 improved their time running a 4:44.51 for 2nd place.

Along with the relays, Weiner and Hernandez both ran in the 1600m placing 1st and 2nd. Weiner took 1st with the time of 5:46.45. Hernandez took second at 6:14.35, improving her time from the previous meet. Weiner took 1st in the 3200m as well, running 12:29.58. Hernandez placed 2nd with a time of 2:43.10 in the 800 meter dash, along with Jordyn Fleckenstein taking 5th at 2:54.96. Outside the relays, Taylor took 1st in the 400 meter dash running a 1:07.26.

“This was a great meet for everyone to make improvements,” said Hernandez. “I am proud of how well I did and I’m glad our relays were able to place and improve.”

Results in other events include: Ava Brantley-100m 15.90, and season best in the 200m 33.43. Siena Vargas-100m PR of 16.41, 200m PR of 33.80, Triple Jump PR 25’ 6”, Long Jump 10’ 2.25”. Jordyn Fleckenstein-Javelin PR 76’ 6”. Valentina Bermudez-Discus PR 73’ 6”, Shot Put PR 25’ 9”. The girls compete again in Hill City on April 14.